

FALL 2019

ZUMBA GOLD

Adult

Gold is based on basic Zumba moves with modifications. This is for active adults, beginners, and those who need modified exercise. All the moves you love at a lower intensity with the same FUN!

MIN/MAX: 12/25

No Class November 22

Location: Community Activity Center-Activity Room

Instructor: Jessica Hunt



Age	Day	Time	Date	Fee	Activity#
Adult	M/W/F	8:30-9:30am	9/4-10/25	\$60	254350-11
Adult	M/W/F	8:30-9:30am	10/28-12/20	\$60	254350-12

Please visit NormalParks.org for more information.

