

FALL 2020

# Zumba Gold



Gold is based on basic Zumba moves with modifications. This is for active adults, beginners, and those who need modified exercise. All the moves you love at a lower intensity with the same FUN.

**MIN/MAX:** 8/12 *Instructor: Jessica Hunt*  
**No Class November 22**

**Location:** Community Activity Center-Activity Room

Age	Day	Time	Date	Fee	Activity #
Adult	M/W/F	8:30-9:30am	9/9-10/23	\$60	254350-11
Adult	M/W/F	8:30-9:30am	10/26-12/18	\$65	254350-12

Prefer a virtual class? Once registered a Zoom link will be sent by email.

Virtual Day	Time	Date	Fee	Activity #
Zoom M/W/F	8:30-9:30am	9/9-10/23	\$60	254350-98
Zoom M/W/F	8:30-9:30am	10/26-12/18	\$65	254350-99

Please visit [NormalParks.org](http://NormalParks.org) for more information.

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